

**SURREY PRIMARY CARE TRUST FAMILY PLANNING CLINIC**

**For information on our services please ring the Woking Clinic 01483 714160 Monday – Friday 9am- 5pm closed for lunch 12.30 – 1.00pm  
The Camberley telephone is only manned during clinic sessions.**

**Woking Community Hospital Heathside Road Woking 01483 714160**

Monday	9.30 - 11.30	Nurse only
"	4.30 - 6.30	Drop In
Tuesday	9.30 - 11.30	
"	5.00 - 7.00	
Wednesday	9.30 - 11.30	
"	5.00 - 7.00	
Thursday	9.30 - 11.30	
Saturday	11.00 - 1.30	Drop - In Nurse only

**Camberley Health Centre Frimley Road Camberley 01276 21199**

Monday	6.30 - 8.30
Thursday	6.30 - 8.30

**If you need emergency contraception  
outside of clinic times please report to the  
Woking Walk In Centre**

## Welcome to Surrey PCT Family Planning Clinic

We welcome male and female clients of all ages.  
All our services are provided Free.  
This is a Confidential clinic, and your records will remain with us.  
We will NOT contact you or your GP without your permission.

Please note If you ask for 'no contact' you must ensure that you ring us during a clinic session, or come in, to obtain any test results. We often have important information for clients who do not return, and this causes us a lot of worry.

## SERVICES

Contraception We can give information and leaflets on all methods, and provide most.

Emergency Contraception This is also available at the Woking Walk In Centre Tel 01483 776080

## Free Condoms

Well Woman Services Including cervical smears.

Pregnancy tests For those for whom a pregnancy would not be 'good news', We can discuss an unwanted pregnancy, but usually ask you to see your GP for termination referral.

Preconceptual Care Advice Health Education including Diet and Smoking information.

Psychosexual Counselling Help with sexual and relationship problems.

## YOUR FIRST VISIT

Your details will be taken by the receptionist. Once your notes are processed you will usually talk to one of our specially trained Family Planning nurses, before you see the doctor. We will usually take your blood pressure and weigh you. Please feel free to ask any questions and make sure that you obtain the appropriate leaflet to take home. We supply most pills, and condoms, directly from the clinic. You can be seen alone or with a partner or friend. Please allow 30-45 minutes for your first visit

We have an Asian support worker available by appointment, during the day, if English is not your first language.

We do have a play area, but cannot take responsibility for your child's safety.